



PRESENTS

# Cultural Awareness Day

Thursday , June 05, 2025

**Cultural Awareness Day** - Thursday, June 5th. This will be a fun filled day celebrating our Forcey Families - food, music, clothing and art! You should plan to drop off your food item first thing when you drop off your child at arrival. Food items will not be received after 9:30 am.

**What to wear** - something that representing your family's heritage - an outfit you already own, borrowed, or put together items to make representation of the culture; clothing you've received from a trip overseas - it doesn't HAVE to be YOUR heritage. It could be a t-shirt you got when you visited family in Michigan. It doesn't have to be a full outfit. It could be a scarf, a hat, a shawl. If a student is not wearing a cultural awareness day outfit, they should be in school uniform.

**Food** - NO NUTS OF ANY KIND. Everyone is expected to bring a food item to share. What better way to explore different cultures by highlighting AND tasting different cuisines from around the world. Don't make this complicated...try and come up with a food item to share that represents your heritage, upbringing, and/or family background. It can be homemade or store bought. Please include a index size paper with a list of ingredients - for allergies. Each class will be "hosting" a tour for other grades to come and sample. Please send enough for 30 students to sample. THIS IS NOT A MEAL BUT A TASTING. Encourage your child ahead of time to try new things! Teachers appreciate easy to serve size - prebagged, pre-sliced, individual cups. If your child suffers from food allergies, please send in something they KNOW they can eat. Please label all food with your child's name and homeroom teacher's name so it can be delivered to the correct location.

**Dance** - grades 1st-5th will be participation in a cultural type dance/movement at the end of the day outside on the front lawn (weather permitting). Parents are welcome to come and watch. 2:00

**Games** - middle school students will be participating in a game show in the morning.

**Parent Helpers** - 8:00 - 9:30 - parents are needed in the lobby to receive food items, label and deliver to classrooms. Please let me know if you can help. Each classroom needs 2 parent helpers to set up, serve and clean up food.

Here are **SOME** food ideas: please stay away from any type of nuts/peanuts due to allergies. Include a list of ingredients so students with food allergies will know what's in the dish. Take the opportunity to teach your child about what food items they are bringing and why it's special to your family.

**\*\*PARENT HELPERS NEEDED - IN THE CLASSROOM AND IN THE LOBBY AT 8:10\*\***





## Menu Ideas

### Europe

- Turkish bread and dip
- Mini croissant
- Empanadas
- Scones
- Shortbread
- Pastry scrolls with feta, tomato paste and olives
- Pizza squares
- Mini chicken kiev balls
- Quiche
- Arancini
- Crepes
- Tortellini or ravioli
- Plastic shot glasses of minestrone soup
- Garlic bread
- Ikea/Swedish meatballs

### Greater Asia

- Teriyaki/yakitori chicken
- Satay skewers
- Sushi
- Edamame
- Takoyaki
- Fortune cookies
- Fish cakes
- Dumplings
- Prawn crackers
- Pot stickers
- Poppadoms
- Curry puffs
- Vietnamese spring rolls
- Chinese spring rolls
- Chinese fried rice (served in stiff-sided muffin cases and a small spoon)

### North/Central/South America

- Tamales
- Corn chips/salsa
- Mini apple pie
- Southern fried chicken
- Pretzels
- Mini taco
- 'smores
- Buffalo wings

### Africa

- Felafel
- Milk tart
- Biltong
- Kefta (Moroccan meatballs)
- Halawa
- Biriyani (served in stiff-sided muffin cases and a small spoon)
- Beef bobotie (served in stiff-sided muffin cases with a small spoon)

### Oceania

- Meatballs
- Pikelets
- Fairy bread
- Chipolatas in dinner rolls
- Mini pavlova
- Pumpkin scones
- Zucchini slice
- Vegemite scrolls
- Green and gold fruit kebab (kiwi fruit and pineapple)
- Anzac biscuits
- Lamingtons
- Mini meat pies
- Chewy weetbix slice